

# SSTP Timeline

## Applications Open

Students pay the application fee and submit their application.

## Applications Close

All materials must be submitted by the application deadline. This includes recommendations being completed and submitted by a teacher or other adult.

## Notification

All students will be notified of their selection status; accepted, alternate or not selected.

## Commit to Program

Students must commit to attending the program by submitting a deposit within a week of acceptance notification.

## Student Enrollment

Students earn three semester hours of undergraduate credit as part of SSTP.

## Final Preparations

Students pay remaining program costs and make travel plans to get to the University of Iowa.

## Orientation

Students must attend the 2-day orientation to begin the program.

## Research Experience

Students work their with research group on agreed-upon expectations, goals, and outcomes.

# Typical Day at SSTP

**7:30 - 8:30 am**

Breakfast

**9:00 - 12:00**

Time with research group

**12:00 - 1:00**

Lunch

**1:00 - 4:00**

Time with research group

**4:00 - 5:00**

Free time - hang out on your dorm floor, take a quick nap, prepare for dinner and evening activities

**5:00 - 6:00**

Dinner

**6:00 - 7:30**

Classes:  
Monday - Improv  
Tuesday - Communicating Research  
Wednesday - SSTP Class Seminar  
Thursday - Yoga & Mindfulness

**8:00 - 10:30**

Leisure time in residence hall

# Last Week of SSTP

## Closing Events

The end of SSTP is a busy time!

## Research Abstract & Poster

Students submit their abstract and poster during the final week.

## Research Fair

Students present their research at the SSTP Research Fair.

## Heading Home

Students return home.

## After the Program

Students work with their mentor for recommendations.