SSTP Timeline

Applications Open
Students pay the application fee and submit their application.

Applications Close
All materials must be submitted by the application deadline. This includes recommendations being completed and submitted by a teacher or other adult.

Notification
All students will be notified of their selection status; accepted, alternate or not selected.

Commit to Program
Students must commit to attending the program by submitting a deposit within a week of acceptance notification.

Student Enrollment
Students earn three semester hours of undergraduate credit as part of SSTP.

Final Preparations
Students pay remaining program costs and make travel plans to get to the University of Iowa.

Orientation
Students must attend the 2-day orientation to begin the program.

Research Experience
Students work with a research group on agreed-upon expectations, goals, and outcomes.
Typical Day at SSTP

7:30 - 8:30 am
Breakfast

9:00 - 12:00
Time with research group

12:00 - 1:00
Lunch

1:00 - 4:00
Time with research group

4:00 - 5:00
Free time - hang out on your dorm floor, take a quick nap, prepare for dinner and evening activities

5:00 - 6:00
Dinner

6:00 - 7:30
Classes:
Monday - Improv
Tuesday - Communicating Research
Wednesday - SSTP Class Seminar
Thursday - Yoga & Mindfulness

8:00 - 10:30
Leisure time in residence hall
Last Week of SSTP

Closing Events
The end of SSTP is a busy time!

Research Abstract & Poster
Students submit their abstract and poster during the final week.

Research Fair
Students present their research at the SSTP Research Fair.

Heading Home
Students return home.

After the Program
Students work with their mentor for recommendations.